

# Questions for mining your Heart Map

What has stayed in your heart?

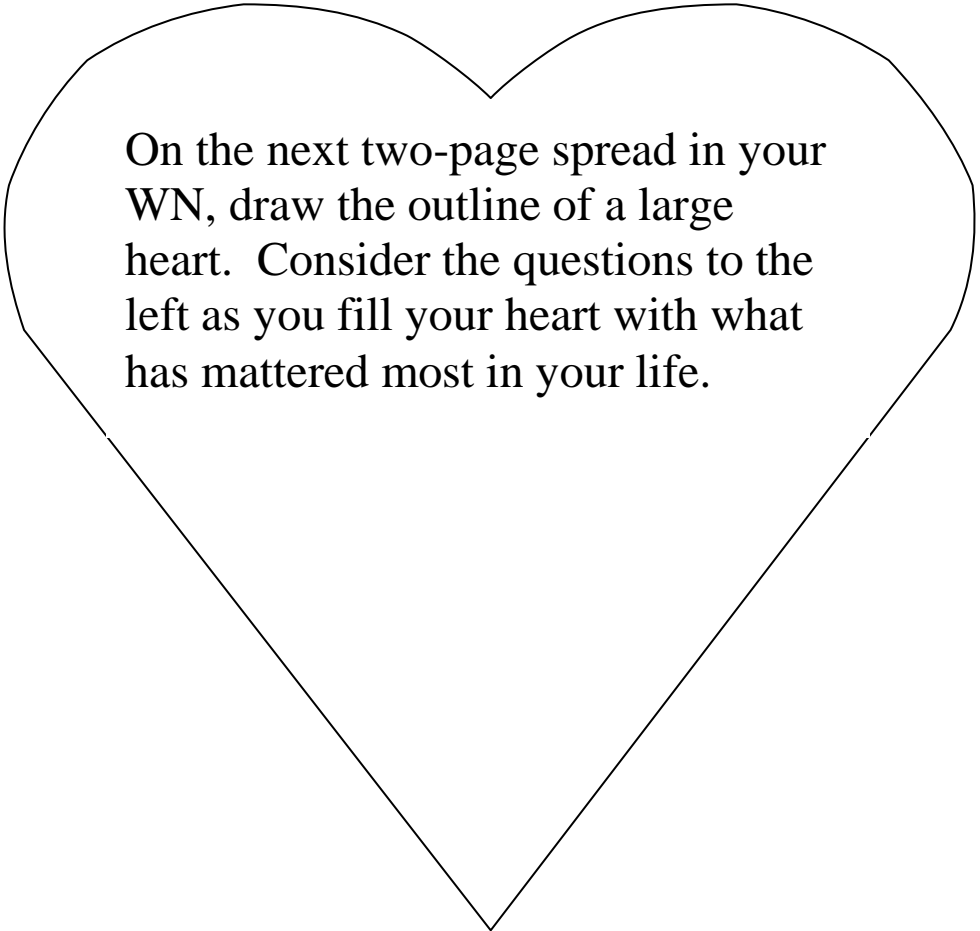
What

- Memories
- Moments
- People
- Animals
- Objects
- Places
- Books
- Fears
- Scars
- Friends
- Siblings
- Parents
- Grandparents
- Teachers
- Other People
- Journeys
- Secrets
- Dreams
- Crushes
- Relationships
- Comforts
- Learning Experiences?

What's at the center?

The edges?

***What's in your heart?***



On the next two-page spread in your WN, draw the outline of a large heart. Consider the questions to the left as you fill your heart with what has mattered most in your life.

*Adapted from Lessons That Change Writers, Nancie Atwell*