

24 Universal Virtues and Strengths

Curiosity
Interest in the World

Love of Learning Open-Mindedness
Critical Thinking **Good Judgment**

Wisdom and Knowledge
Ingenuity Originality
Practical Intelligence Creativity
Street Smarts **Social Intelligence**
Emotional Intelligence
Personal Intelligence
Perspective

Perseverance
Industry Diligence

Valor **Courage** Bravery
Genuineness Honesty
Integrity

Citizenship
Duty Teamwork
Fairness Responsibility
Equity **Justice** Fair Play
Accountability Leadership
Cooperation Collaboration
Loyalty

Kindness
Compassion Teaching
Mentoring Forgiveness **Loving**
Passion **Humanity** Caring
Devotion Affection
Supportive **and Love** Respectful
Allowing Oneself to be Loved
Devotion Affection
Generosity

Appreciation of Beauty
Appreciation of Excellence **Gratitude**
Hope Optimism Future-Mindedness
Faith **Transcendence** Mercy
Sense of Purpose **Spirituality**
Forgiveness Religiousness
Passion Humor
Playfulness
Enthusiasm
Zest

Prudence
Discretion Caution
Self Control Discipline
Modesty **Temperance** Restraint
Moderation Judgment
Humility

**Your
Good Life
Your
Happy Life**