

Dear Moore Public Schools Community,

Regarding the **Coronavirus Disease 2019 (COVID-19)** and other communicable diseases, we believe it is best to be prepared with preventative, containment, and management measures. **The health and safety of our students, staff, and families are of utmost importance.** Therefore, it is essential to share safety precautions we will carry forth in Moore Public Schools (MPS), that have been advised and/or set forth by state and federal officials.

We understand this is a global virus and there are confirmed cases within the United States and within Oklahoma. Per the Centers for Disease Control and Prevention (CDC), "COVID-19 is a new disease and **we are still learning how it spreads**, the severity of illness it causes, and to what extent it may spread in the United States."

What we have been advised by the CDC is that if an individual who is exposed to the virus then contracts it, symptoms show within 2-14 days. The symptoms include - fever of 100.0 degrees or higher, shortness of breath, and cough. For more information, please access the CDC website which is updated daily: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

Per the CDC, contraction is mainly through person-to-person contact via respiratory droplets but, "it may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads." Therefore, we are increasing frequency of our cleaning and disinfectant practices within our schools.

If any of our MPS community members have recently traveled or intend to travel to Level 2 or Level 3 countries, then **those individuals shall self-quarantine from our schools for 14 days upon return** to help reduce the potential spread of the virus. Please be advised this also applies to our community members that will be traveling to Level 2 or Level 3 countries during Spring Break (March 16-20, 2020). For the updated list of Level 2 and Level 3 countries, as determined by the CDC: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>).

Per the CDC, Steps for returning travelers from Level 2 or 3 countries:

1. Take your temperature with a thermometer two times a day and monitor for fever. Also watch for cough or trouble breathing.
2. Stay home and avoid contact with others. Do not go to work or school for this 14-day period. Discuss your work situation with your district before returning to work or school.
3. Do not take public transportation, taxis, or ride-shares during the time you are practicing social distancing.
4. Avoid crowded places (such as shopping centers and movie theaters) and limit your activities in public.
5. Keep your distance from others (about 6 feet).

District employees may use sick leave during the 14-day self-quarantine. Students will be addressed on a case-by-case basis. Please communicate individual needs with your school principal. If a staff member or student has been exposed to COVID-19, contact the Cleveland County Health Department, at (405) 794-1591, and your physician.

As always, please continue to wash your hands frequently, keep your hands away from your face, do not share drinks, and be careful when using water fountains in public places.

Thank you for your continued efforts to keep our students and staff healthy and safe. We will send additional information as it is available and needed.

Sincerely,



Dr. Robert Romines
Superintendent of Moore Public Schools