

HOUSEHOLD CLEANING INSTRUCTIONS FOR HEAD LOUSE CONTROL

Adult head lice can live up to 2 days on personal items, stuffed animals, household surfaces, clothing, and bed linens. All of these items and anything they may have come into contact with should be disinfected.

1. Machine-wash all clothing, linens and personal items in water that is at least 130°F, then dry them in a hot dryer for at least 20 minutes. Allow time for water to heat to the proper temperature between loads.
2. Dry clean items that cannot be washed, or seal them in a tightly closed plastic bag. Do not open the bag for 14 days: then take it outside, open and shake the items vigorously to remove dead lice and eggs. Disinfect bike or sports helmets by vacuuming.
3. Soak all combs and brushes in hot water- - at least 130°F for 10 minutes. Inspect for eggs (nits) and rinse thoroughly before using again.
4. Thoroughly vacuum everything, including carpeting, mattresses, household and auto upholstery. Take the vacuum outside the house to change the bag. Seal used disposable vacuum bags in another plastic bag and discard in the trash.
5. Use the following checklist when deinfesting house:

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| <input type="checkbox"/> Combs and brushes | <input type="checkbox"/> Baseball caps |
| <input type="checkbox"/> Head bands | <input type="checkbox"/> Bike/sports gear |
| <input type="checkbox"/> Barrettes/hair ornaments | <input type="checkbox"/> Headphones |
| <input type="checkbox"/> Clothing | <input type="checkbox"/> Home and auto upholstery |
| <input type="checkbox"/> Bed linens | <input type="checkbox"/> Rugs, carpeting |
| <input type="checkbox"/> Mattresses, pillows, pillow cases | <input type="checkbox"/> Play mats |
| <input type="checkbox"/> Towels | <input type="checkbox"/> Stuffed animals/toys |
| <input type="checkbox"/> Hats | <input type="checkbox"/> Hair rollers |
| <input type="checkbox"/> Coats, scarves, earmuffs, gloves | <input type="checkbox"/> Sleeping bags |
| | <input type="checkbox"/> Car seats |