



Fluency Program



Draw a

Practice smooth, easy speech every day.
on your calendar for every day that you complete a Smooth Speech Activity.

Date

June

Smooth Speech Activities

- 1 Name 3 things you can buy with \$50.
 - 2 Talk about a movie you like.
 - 3 Relax today.
 - 4 Read your favorite book.
 - 5 Go for a ride on your bike. Tell someone what you saw.
 - 6 Say a nursery rhyme.
 - 7 Name 5 things in your kitchen.
 - 8 Using slow, easy speech, tell your mom or dad what you did today.
 - 9 Sing a song.
 - 10 Count from 1 to 20 using slow speech.
 - 11 Recite the alphabet using slow speech.
 - 12 Answer the telephone using slow speech.
 - 13 Slow down today. Relax and take it easy.
 - 14 Say 5 "h" words on exhaled air.
 - 15 Pretend to chew gum. Tell someone about your last day of school.
 - 16 Say the phrases: I have a hat. I have a hose. I have an apple. I am hot.
 - 17 Tell 5 things that make dads happy.
 - 18 Name 10 things in your house, using slow, easy speech.
 - 19 Watch cartoons. Do any of the characters use bumpy speech?
 - 20 Lie down and take 10 deep breaths. Be sure to let the air out slowly.
 - 21 First day of summer. Slowly say 10 things you want to do this summer.
 - 22 Stretch these words: man...fan, cat...mat, top...tap
 - 23 Don't gulp your air when you talk.
 - 24 Look in the refrigerator. Name 5 things using slow speech.
 - 25 Name 5 things you would take on a picnic. Use slow, easy speech.
 - 26 Read a book out loud, using smooth speech.
 - 27 Sing your favorite song.
 - 28 What does T. G. I. F mean?
 - 29 Tell someone about your favorite sport. Be sure to use slow, easy speech.
 - 30 Play Day!!! Enjoy!!!
- JULY
- 1 Say 5 words that begin with the letter "h."
 - 2 Name 5 fruits using stretchy speech.
 - 3 Name 3 vegetables using stretchy speech.
 - 4 Fourth of July!
 - 5 Count to 20 using slow, easy speech.
 - 6 Name 5 words that begin with the letter "a."
 - 7 Lie down outside. Look at the clouds. What shapes do you see?
 - 8 Name 10 farm animals using smooth speech.

- 9 Name 10 water animals using smooth speech.
- 10 Name 5 things you enjoy doing. Make sure you use easy speech.
- 11 Recite a nursery rhyme.
- 12 Say your name and address using easy speech.
- 13 Say your phone number using easy speech.
- 14 Talk about the weather. Keep your speech smooth.
- 15 Take a slow walk outside. What do you see?
- 16 Name 5 things that begin with the letter "e."
- 17 When you ask questions today, remember to use slow, easy speech.
- 18 Take a break and relax today.
- 19 Sing the Alphabet Song.
- 20 Go for a swim if you can. Keep your speech slow and smooth.
- 21 During dinner tonight, use slow, easy speech.
- 22 Name 5 things that begin with the letter "i."
- 23 Name 5 things that begin with the letter "o."
- 24 During lunch, use your slow, easy speech.
- 25 Do a finger play rhyme.
- 26 Tell someone a joke today.
- 27 Say 5 girls' names using continuous air: Emily, Amy, Alice, Annie, Elizabeth.
- 28 Say 5 boys' names using continuous air: Erik, Isaac, Harry, Anthony, Artie.
- 29 Recite the days of the week using easy speech.
- 30 Recite the months of the year using easy speech.
- 31 Relax and have fun today.
- AUGUST 1 Name 5 things shaped like a square.
- 2 Name 10 things made out of wood.
- 3 Name 5 animals that could be house pets.
- 4 Name 5 pieces of clothing.
- 5 Name 10 things you see as you ride in a car.
- 6 Tell someone a joke.
- 7 Have you been fluent this summer or have you had some bumpy speech?
- 8 What do you eat that is: sweet? Sour? Sticky?
- 9 What do you eat that: spreads? Crumbles? Crunches?
- 10 How many days until school starts?
- 11 Name 3 things that you need to get before school begins.
- 12 Go outside and name 5 things that you see.
- 13 Take 10 easy breaths. Let the air out slowly.
- 14 Using slow, easy speech, tell your mom or dad what you did today.
- 15 Ask mom and dad how your fluency is this summer.
- 16 Name foods that can be: boiled in a pot cooked in a microwave
- 17 Sing a song.
- 18 Enjoy your final day of summer
- 18 Go say hi to your Speech Path. because it is the
First Day of School!!!!